

Counselling Diploma



Course Description

The Diploma in Counselling is a practical and stimulating course, ideal for individuals with no prior counselling knowledge. This counselling course will help you develop the skills you need in order to work on a one to one basis with people in need of help, guidance and support.

This Diploma in Counselling is highly rewarding, exciting and challenging and is the perfect home study course to provide an excellent foundation of information and deeper understanding of counselling, paving the way for further study and a future career within the varying fields. The Diploma in Counselling offers deep exploration and a step by step guide to work through the whole process of counselling from the initial meeting through to the end of the counselling relationship.

Assessment

The Ascentis Diploma in Counselling Level 3 course is assessed by completion of a series of tutor marked assignments. When your assignments have been successfully completed, you will be awarded with the highly acclaimed Diploma in Counselling Level 3 certificate

Modules

- Module 1: Introduction
 - What counselling is and isn't
 - Why counselling might be needed
- Module 2: Counselling theory
 - Counselling approaches
 - Beginning a counselling session
 - Verbal and non-verbal language
 - Active listening skills
 - Using effective questioning
 - Paraphrasing & reflecting feelings
 - Giving and receiving feedback
- Module 3: Working with feelings
 - Modes of thinking
 - Beliefs
 - Motivating others
 - Challenging
 - Responding to negativity in others
 - Managing change
- Module 4: Goal Setting and moving on
 - Facilitating problem solving
 - Generating creative solutions
 - Negotiating tasks
 - Referrals
 - Ending the helping process
 - Counselling and self awareness
 - Counselling as a career

Suggested Duration: 360 Hours
Level: 3
Format: Paper
Awarding Body: Ascentis

HOW TO REGISTER FOR THIS COURSE

To register for and purchase this course, please contact NCC Home Learning in any one of the following ways:

Freephone Telephone: 0800 970 2522

Mail: The Woodside Centre, Catchdale Moss Lane, Eccleston, St Helens, WA10 5QJ

Email: enquiries@ncchomelearning.co.uk

Online: www.ncchomelearning.co.uk

To enrol call us now on 0800 970 2522
or visit www.ncchomelearning.co.uk