

Life Coaching Diploma



Course Description

Whether you are studying this course for your own pleasure or you wish to build a career in Coaching, this Life Coaching Diploma will provide you with all the necessary skills to change lives. It is very easy for people to get caught up in their lives without really living it, letting wonderful opportunities and exciting experiences pass them by. This course will show you how to make anything possible. So often we think that interesting, and happy lives are for others. The great news is that we can all have the life we dream of!

This course will show you, step by step, how to coach yourself and others. It will teach you how to love yourself, respect others, and explore every opportunity so that your life can become enriched and rewarding. You will also learn how to let go of negative beliefs or experiences that may have been holding you back.

Assessment

When you have completed the programme, your tutor needs to verify that you have worked through all parts of the Workbook and completed all of the Activities and Exercises successfully. The completion certificate at the end of the workbook must also be signed and dated by your tutor.

Upon verification of the activities, exercises and assignments, a nationally recognised certificate will be awarded by OCNW as confirmation that your written work has met all of the learning outcomes and assessment criteria for the programme.

Modules

- * What is meant by life coaching?
- * Skills of effective coaching
- * Areas of life coaching?
- * Skills required for effective coaching
- * Life's journey
- * Let's coach
- * Life coaching as a career
- * Overview

Suggested Duration: 360 Hours
Level: 3
Format: Paper
Awarding Body: Ascentis

HOW TO REGISTER FOR THIS COURSE

To register for and purchase this course, please contact NCC Home Learning in any one of the following ways:

Freephone Telephone: 0800 970 2522

Mail: The Woodside Centre, Catchdale Moss Lane, Eccleston, St Helens, WA10 5QJ

Email: enquiries@ncchomelearning.co.uk

Online: www.ncchomelearning.co.uk

To enrol call us now on 0800 970 2522
or visit www.ncchomelearning.co.uk