

Neuro-Linguistic Programming (NLP) Diploma



Course Description

Neuro-Linguistic Programming (NLP) is a method of understanding how people achieve success in a wide range of fields such as sport, education, management and therapy. In 1974 its developers proposed that NLP would provide users with the tools to analyse, incorporate or modify any sequence of behaviour they observed in another human being. These NLP tools involve analysis of a person's internal and external communication (linguistics) and the effects (programming) this has on the way their brain operates (neurology).

The NLP Level 3 home study Diploma is designed to give an insight into a range of NLP techniques, enabling therapists to integrate these skills alongside their own toolbox of techniques.

Assessment

Theoretical information is provided throughout the course, followed by a series of exercises enabling the learner to practice and consolidate the skills of NLP.

Modules

- * Introduction
- * History of NLP
- * Your Role as an NLPer, Including Stages of Change
- * The Four Pillars of Wisdom
- * The Presuppositions
- * Rapport
- * Perception of Your World is Your Reality
- * Communicating with NLP
- * Eye Accessing Cues
- * Preferred Representational Systems
- * Mirroring and Matching
- * Submodalities
- * The Meta Model
- * Getting to Know You and Others
- * Meta Programmes
- * Personalities
- * What do People Value
- * Developing Your Life's Purpose
- * Logical Levels and Identifying Change
- * Setting POWERful Goals
- * NLP Toolbox – Introduction

Suggested Duration: 360 Hours
Level: 3
Format: Paper
Awarding Body: Ascentis

HOW TO REGISTER FOR THIS COURSE

To register for and purchase this course, please contact NCC Home Learning in any one of the following ways:

Freephone Telephone: 0800 970 2522

Mail: The Woodside Centre, Catchdale Moss Lane, Eccleston, St Helens, WA10 5QJ

Email: enquiries@ncchomelearning.co.uk

Online: www.ncchomelearning.co.uk

To enrol call us now on 0800 970 2522
or visit www.ncchomelearning.co.uk