



Course Description

The most common factors that can contribute to mental health conditions include stress, anxiety and phobias – all everyday issues.

The NCC Home Learning Certificate in Mental Health home study programme covers topics such as stress, phobias, anxiety, eating disorders, post-natal depression and schizophrenia among others – all conditions labelled under the topic mental health. Whether you are an experienced health care worker or new to the industry caring for clients or patients in a work environment, we believe that this learning programme will assist you with your personal development.

Assessment

Completing a series of tutor marked assignments together with an end of course multi-choice questionnaire, will lead you to the highly acclaimed Ascentis Certificate in Mental Health.

Modules

- * Stress
- * Anxiety
- * Phobias
- * Depression
- * Post-natal depression
- * Bipolar disorder
- * Schizophrenia
- * Self-harm
- * Bereavement
- * Eating disorders

Suggested Duration: 12 Weeks

Level: 2

Format: Paper+USB Drive

Awarding Body: Ascentis

HOW TO REGISTER FOR THIS COURSE

To register for and purchase this course, please contact NCC Home Learning in any one of the following ways:

Freephone Telephone: 0800 970 2522

Mail: The Woodside Centre, Catchdale Moss Lane, Eccleston, St Helens, WA10 5QJ

Email: enquiries@ncchomelearning.co.uk

Online: www.ncchomelearning.co.uk